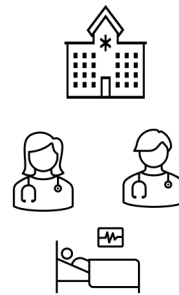


I am having a Covid-19 vaccination

1

There is a virus called Coronavirus that is making people ill. The illness is called Covid-19.

Most people get better at home from Covid-19. A few people get very very ill and need nurses and doctors at the hospital to help them get better.



2

Scientists have now made a Covid-19 vaccine. The vaccine stops people getting very very ill with Covid-19.



The vaccine is given in two jabs. The jabs are given 12 weeks apart.



3

I am having my first jab on .....(date) at .....(place). My appointment is at 9:15am and I will have my jab around that time.



My adult will go with me. Its okay to take my penguin/bear with me too.



4

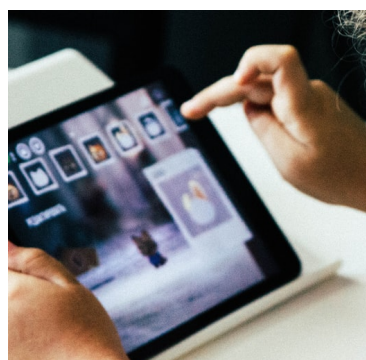
While waiting outside I will try to keep a safe social distance from others and wear my mask.

There may be 2m distance signs painted on the ground or on the walls to help me stay a safe distance from others. My adult will help me.

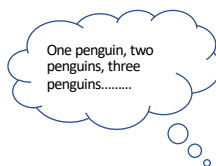


5

Sometimes there are delays in vaccination clinics. This is okay I may look my tablet while waiting. It will be my turn soon.



6



My adult will help me check in. After check in I will be asked to sit on a chair and roll up my sleeve so the nurse can see the top of my arm.

Then the nurse will give me the jab. It may help to *squeeze my penguin in my pocket* with my other hand when having the jab. The jab may sting for *(a count of) 3 penguins*. Sitting still helps get the jab done quickly.



7

When the jab is done, I will get dressed. Then it is time to wait for 15 mins to make sure I feel okay. The nurse will show me where to wait.

When the nurse says it is okay I will go home with my adult.

The nurse will give me a sticker.



8



Mum/my adult will have a bag of Jelly Babies for me at home!

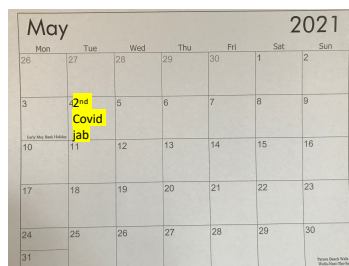


Some people feel unwell for a day or two after the jab but they soon feel better. If I feel unwell after the jab it is important to tell my adult.



9

My second jab is on .....(date). While waiting for the second jab I will try to wear my mask and keep a safe social distance from others. My adults will help me.



Having my vaccination keeps me safe and healthy and others safe and healthy too!



10